Educational Content:

Share insights and interesting facts related to your field of expertise (Environmental Practice, Applied Geophysics).

Highlight key learnings from your MSc program at Manchester Metropolitan University.

Create short tutorials or infographics on topics related to data handling, report writing, or Microsoft Office proficiency.

Work Experience Highlights:

Showcase your role as a Personal Assistant/Support Worker. Share stories (with consent) of successful support outcomes.

Discuss your experience as an Assistant Lecturer, possibly sharing snippets from workshops or seminars you conducted.

Share the impact of your work as a Health Care Assistant, emphasizing the importance of patient care and safety.

Career Tips and Advice:

Offer advice on time management, expectation management, and problem-solving, drawing from your professional experience.

Share tips on effective administrative and management skills.

Provide insights into the importance of attention to detail in various professional settings.

Behind-the-Scenes:

Give followers a glimpse into a day in the life of a Support Worker or Assistant Lecturer.

Share photos or short videos from your workplace, highlighting the positive aspects of your roles.

Professional Development:

Discuss the certifications you've obtained, such as Person-Centered Support, Manual Handling, and Learning Disability.

Share your experience with training programs, such as the Graduate Trainee Program, and their impact on your career.

Volunteer and Leadership Activities:

Highlight your involvement in Sustainable Development Goal (SDG) Rivers and Charity Community Development Society.

Share stories or images from your leadership roles as a Presiding Officer for INEC and President of the Environmental Sanitation CDS Group.

Professional Association Membership:

Share content related to your membership in the Nigerian Red Cross Society and the UK-American School of Advanced Studies.

Motivational and Inspirational Content:

Share quotes or personal reflections on overcoming challenges and achieving success.

Motivate followers by discussing your journey from a Geophysics Intern to your current role.

Interactive Content:

Conduct Q&A sessions where followers can ask about your experiences or seek advice.

Polls and surveys related to environmental practices or geophysics trends.